MIGRAINE

WHAT IS MIGRAINE?[1]



- A common and disabling neurological condition
- Attacks of headache and other symptoms because of an abnormally sensitive brain

HOW COMMON IS MIGRAINE?[3-6]

1 billion worldwide



1 in 4 homes



1 in 5 women



1 in 16 men



1 in 11 children



IS MIGRAINE INHERITED?[6,7]

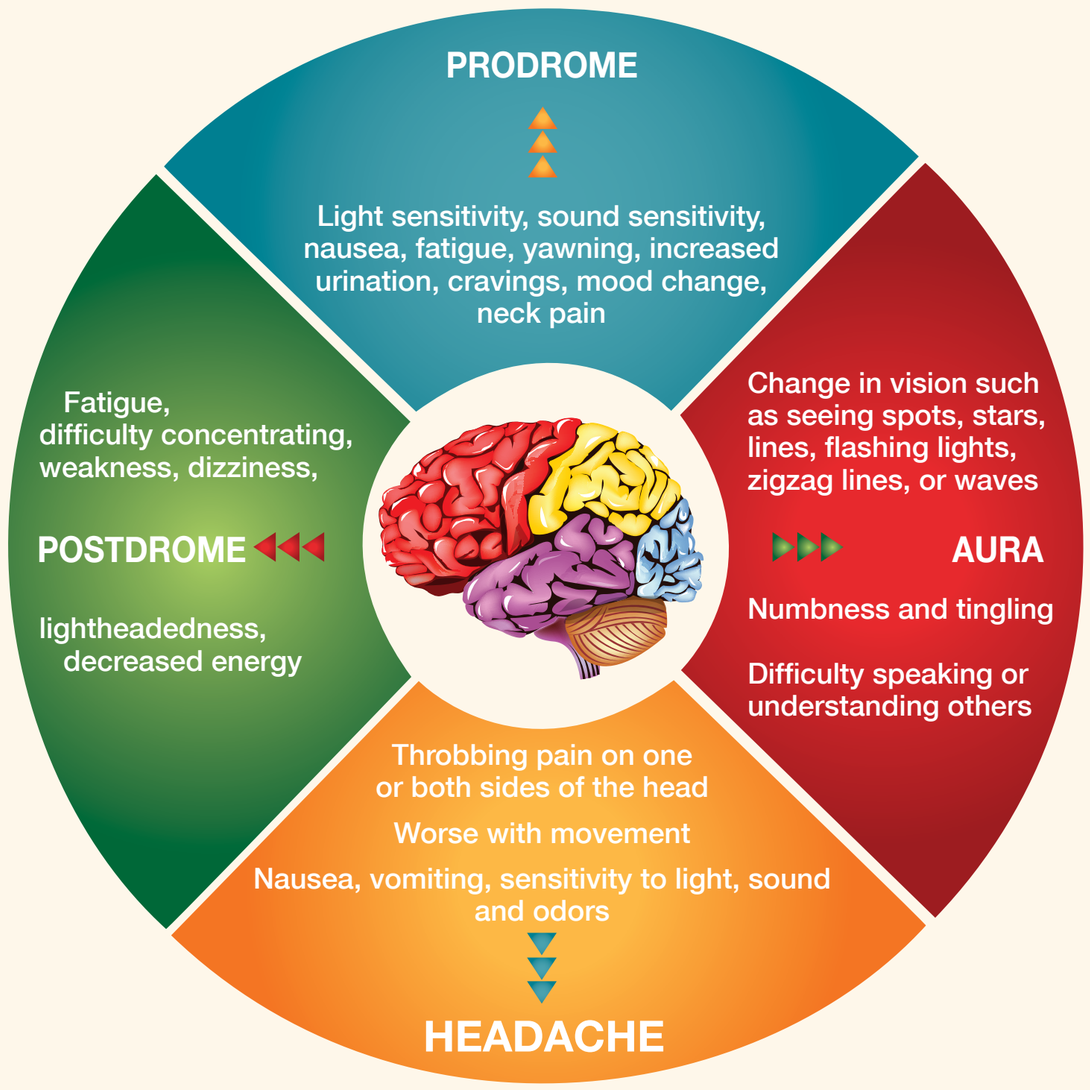
If 1 parent has migraine:
50% chance of a child having it too



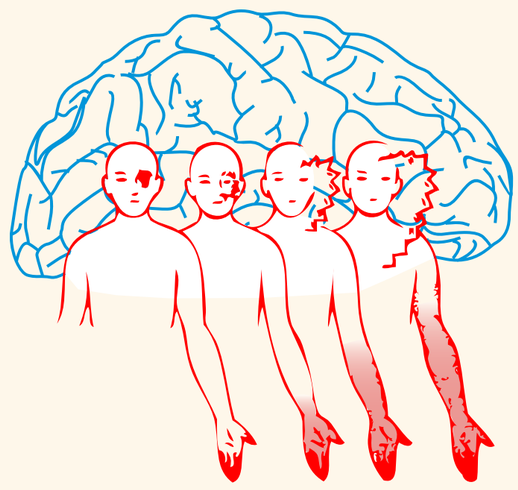
If both parents have migraine:
75% chance of a child having it too



WHAT ARE MIGRAINE SYMPTOMS?[1,2]



WHAT IS AURA?[1]



- One-third of people with migraine
- Reversible attacks of neurological symptoms
- Usually last from a few minutes up to an hour

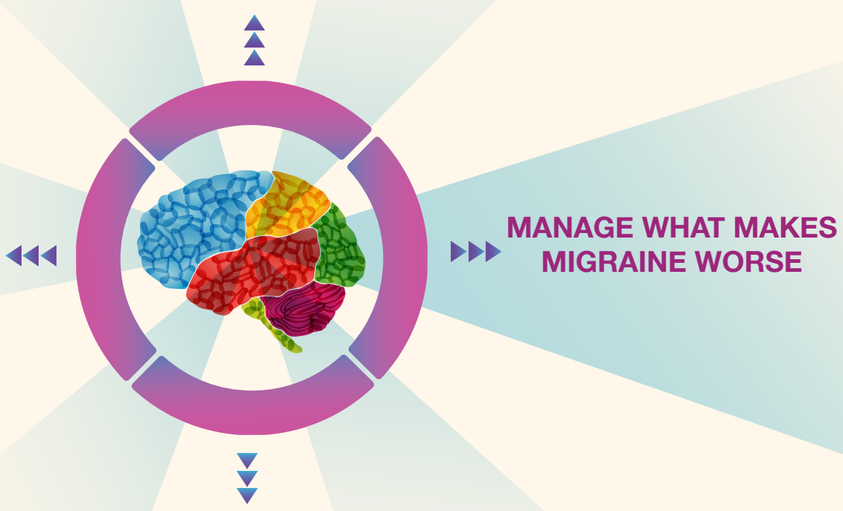
CAN MIGRAINE GET WORSE OVER TIME?[13-19]



- 2-3% of people with episodic migraine every year develop chronic migraine
- Chronic migraine indicates headache happening on half of all days for 3 or more months
- Risk factors for chronic migraine

Stressful life events
Head injury
Excessive caffeine use
Overuse of opioids and barbiturates
Not having an optimized acute treatment plan
More headache days per month
Persistent frequent nausea with migraine
Snoring and sleep apnea
Other pain conditions
Depression
Anxiety
Allodynia (skin and scalp sensitivity to touch)
Allergic rhinitis

HOW IS MIGRAINE TREATED?[8-12]



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